

Piethorne 10K - PIETHORNE 10K 2024

To info@craggrunner.co.uk

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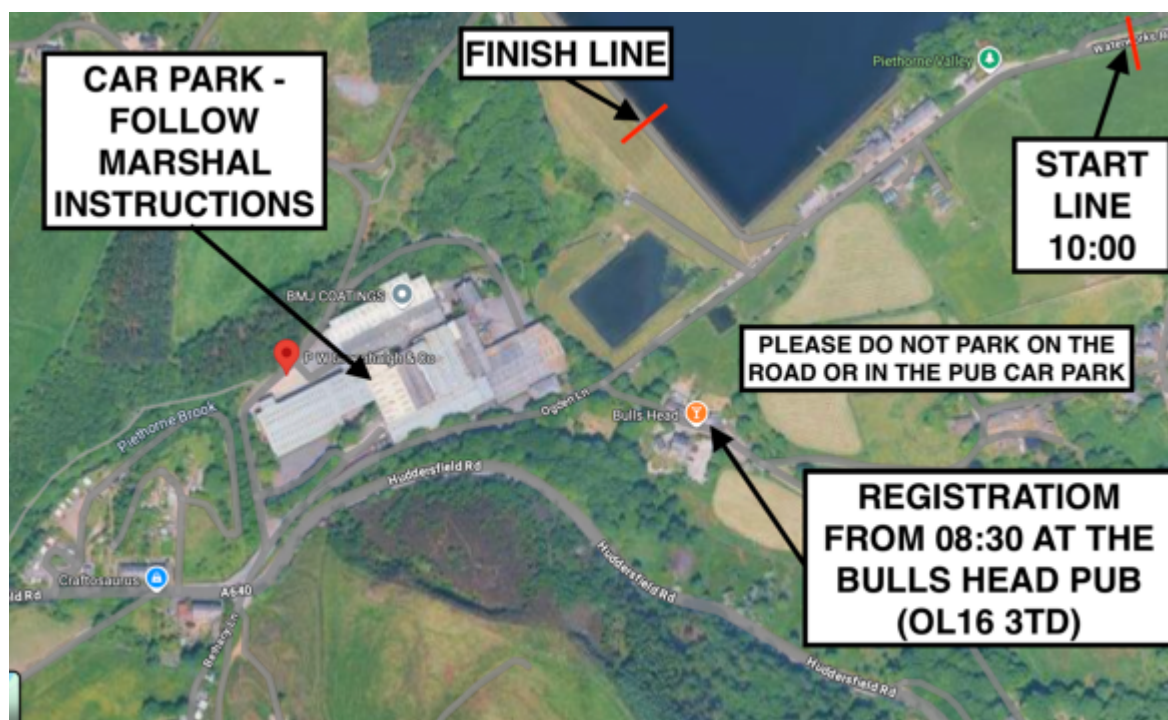


Dear Organiser,

Firstly, thank you for entering the Piethorne 10k this coming Sunday (17th)

Please carefully read all of the information below before you arrive.....

OVERVIEW MAP OF RACE DAY KEY LOCATIONS



PARKING

Always a big issue on race day! We have secured permission to use the parking facilities around the P.W. Greenalgh factory which is before the Bulls Head. Marshals will lead you into the area. Please do not leave any litter at the carpark. There is no parking at the pub. The car park here will be used for marshals and later, customers. United Utilities have expressed that we do not park along the Waterworks road as we will be adding more traffic to what will be a busy day. Please respect their wishes as we only got permission to run this event by using the carpark at P.W.Greenalgh.

TOILET FACILITIES

The pub will be open from 8am so you can use their facilities throughout the event. There are no toilets at the start of finish lines. There are public toilets on Waterworks Road but these are not always open.

REGISTRATION



Registration is at the Bulls Head pub (OL16 3TD) from 8.30am. You **MUST** report to registration to receive your race number and timing strap before you head to the start. The start line will be signposted from registration (5 minute walk from the pub).

TIMING DIBBERS

Once again, we will be using **TIME MY RACE** for timing. When you register, you will be given a timing strap along with your race number.





These straps need to be positioned around either ankle. Once you cross the mats at the start and finish, your time will be automatically imported to the online results page found by using the QR code on your race number or by using the link below.....

<https://timemyrace.co.uk/piethorne-10k/>

When you have finished, we will ask you to take the straps off and place them in the bucket provided. Official times will be based off the chip timing and NOT gun time.

KIT REQUIREMENT

Kit requirements will be issued on the day. Although the route is low level and in close proximity to local services, it is always good practice to turn up to any fell race with the FRA mandatory kit (Kit list [HERE](#)). For this race, we will announce the kit at registration. Currently, the weather looks good so it will probably be 'Recommended waterproof top and water'.

Runners often question whether this level of kit is necessary. It may not be needed when you are running strongly or in good weather, but it could be a life-saver if you have to slow down or stop because of injury or tiredness, or if you need to help another runner in difficulty.

COURSE

The course is fully marked and marshaled. If you see signs for Sheffield, Glasgow, Liverpool or London, you need to retrace your steps!

PRIZE GIVING

Prizes will be given out to the following category winners....

1/2/3 Male and Female

1st Male and Female Under 21's

1st Vet Category Male and Female (5 year category)

1st Team Male & Female (3 to count)

Male and Female Record Breakers (£25 added each year to the kitty)

Male - 37.52 (Doni Clark, Todmorden Harriers, 2023)

Female - 42.47 (Martha Tibbot, Saddleworth Runners, 2022)

We will do the Prize giving asap after the race back at the pub around 12pm/12.30pm. Peter and all his staff at the Bulls Head have been very supportive about the event and will be offering chip butties after the race for £5 each. Please show your support to the pub if you are staying around. They will be serving their normal Sunday Lunch as well if you want more food and of course, the bar will be open for that all important re-hydrating beer.

That's it! If you need any more info, please feel free to contact me.

Have a safe journey here and we shall see you all on Sunday morning

Darren and the CraggRunner team



All enquiries regarding this email should be directed to [Darren Graham](#).



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